

**PREGNANCY RISK ASSESSMENT MONITORING SYSTEM (PRAMS)
TABLES FOR ALCOHOL, TOBACCO, AND MENTAL HEALTH**

Survey results of samples of Missouri women after having a live birth:

	2011	2010	2009	2008	2007
ALCOHOL					
Binge Alcohol Use (4 or More Drinks on One Occasion) During 3 Months Before Pregnancy (%)	27.6	28.0	30.7		
Any Alcohol Use During 3 Months Before Pregnancy (%)	60.4	57.7	58.6	58.5	57.7
Any Alcohol Use During Last 3 Months of Pregnancy (%)	5.4	5.2	4.8	5.5	4.5
Change in Drinking from 3 Months Before Pregnancy to Last 3 Months of Pregnancy (%)					
Non-Drinkers	39.6	42.1	41.4	41.2	42.3
Drinkers	60.4	57.9	58.6	58.7	57.7
Drinkers Who Quit, Among Total Sample	55.0	52.7	53.8	53.3	53.2
Drinkers who Reduced Number of Drinks	2.8	3.8	2.1	2.8	2.7
Drinkers who Increased or Maintained Same Number of Drinks	2.6	1.2	2.6	2.4	1.8
Non-Drinkers Who Began or Resumed Drinking	0.0	0.2	0.0	0.2	0.0
Drinkers who Quit During Pregnancy, Among Drinkers Only (%) *	91.0	91.3	91.9	91.0	92.2
TOBACCO					
Tobacco Smoking During Three Months Before Pregnancy (%)	33.6	33.5	35.2	34.7	31.7
Tobacco Smoking During Last Three Months of Pregnancy (%)	18.5	16.7	18.9	21.8	18.4
Change in Smoking from 3 Months Before Pregnancy to Last 3 Months of Pregnancy (%)					
Non-Smokers	66.4	66.7	64.6	65.3	68.3
Smokers	33.5	33.4	35.4	34.7	31.7
Smokers Who Quit, Among Total Sample	15.1	16.6	16.4	13.0	13.4
Smokers Who Reduced Number of Cigarettes Per Day	12.0	11.1	11.1	13.9	12.2
Smokers Who Increased or Maintained Same Number of Cigarettes Per Day	6.3	5.7	7.7	7.8	6.1
Non-Smokers Who Began or Resumed Smoking	0.1	0.0	0.2	0.0	0.0
Tobacco Smokers Who Quit During Pregnancy, Among Smokers Only (%) *	45.2	49.7	46.6	37.4	42.1
MENTAL HEALTH					
Anxiety During 3 Months Before Pregnancy (%)	14.1	13.4	13.1		
Depression During 3 Months Before Pregnancy (%)	12.0	13.1	13.6		

Data Sources:

U.S. Department of Health and Human Services, Centers for Disease Control and Prevention: Pregnancy Risk Assessment Monitoring System.

Accessed from: <http://apps.nccd.cdc.gov/cPONDER/default.aspx>

Missouri Department of Health and Senior Services, Office of Epidemiology

* Indicates calculated values

Blank data cells indicate data not collected or available.